

**Initiating Community-Based Psychosocial & Protection Services for Early Childhood Care & Development**  
**Dept. of Child & Adolescent Psychiatry, NIMHANS**  
**Supported by UNICEF**  
**Developmental, Mental Health and Protection Assessment for Children (Aged 0- 1years)**

**A. Basic Information**

Name of Child: \_\_\_\_\_ Date: \_\_\_\_\_

Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Name of the Anganwadi/Institution: \_\_\_\_\_

**B. Family Context**

1. Who is the child's primary caregiver? **Parents / Grandparents / Extended Family**
2. More than 2 children in the family? **Yes/ No**
3. Context of the family pertaining to the primary caregiver of the child.

SI No	Family Context	Yes	No
a.	Parents: Separated/ Divorced/ Widowed		
b.	Death of an immediate family member		
c.	Substance use by the parent/ primary care giver		
d.	Domestic Violence in the family		
e.	Conflicts and fights in the family (incl. Physical violence)		
f.	Chronic Illness in the parents/ primary care giver (Tuberculosis, HIV/AIDS, Cancer etc.)		
g.	Mental Illness in the parents/ primary caregiver		
h.	Disability in the parents/ primary caregiver		
i.	Criminality in the parents/ primary caregiver		

3. Any other issues and concerns in the family context.

**C.1. Medical Problems/ Sensory Needs & Issues:**

SI No	Medical Problems/ Sensory Needs & Issues	Yes	No
a.	Are there any behavioural indicators to suggest visual impairment? (One or both eyes consistently turn in or out Persistent tearing, eye drainage, or sensitivity to light and droopy eyelids; Has difficulty calming self, cries for long periods of time , Does not react to new environments and people		
b.	Hearing Impairment? (Does not turn head to locate sounds by 4 months, Does not respond to general sounds; does not follow instructions given from the back or when the speaker's face is not visible; asks for repetition of instructions; turns one side of head towards to the speaker; has running ear or waxy ear )		
c.	Likes to maintain odd postures? (Does no Seems very stiff, tight muscle, seems very floppy, like a rag doll, head still flops back when body is pulled to sitting position (by 5months still exhibits head lag, can't crawl Drags one side of body while crawling (for over one month) Cannot stand when supported, has difficulty getting objects to		

	mouth, Does not sit steadily by 10 months, Doesn't push down with legs when feet are placed on a firm surface by 4 months.)		
<b>d.</b>	Has the child has been Malnourished and been in treatment for more than 6 months?		

If any of the above problems and issues are present, mention the details.

**D. Check list for Physical Signs for Assessing Physical Abuse, Sexual Abuse, Emotional Abuse, Neglect and Nutrition**

Sl No.	Signs and Symptoms	Yes	No
<b>Physical Abuse</b>			
<b>a.</b>	Bruises, welts, black eyes or other injuries that can't be explained or don't match with the child's story.		
<b>b.</b>	Burns that cannot be explained.		
<b>c.</b>	Injury marks that have a pattern, like from a hand, belt, or other objects.		
<b>d.</b>	Injuries that are at different stages of healing (bruises change colour over time)		
<b>e.</b>	Fractures and dislocations.		
<b>f.</b>	Wear clothing that doesn't match the weather -- such as long sleeves on hot days -- to cover up bruises.		
<b>Sexual Abuse (to be asked with the helper/teacher)</b>			
<b>a.</b>	Genital injuries		
<b>b.</b>	Physical injuries		
<b>c.</b>	Pain/burning sensation/ infection/ itching in the genital region		
<b>d.</b>	Urinary tract infections		
<b>Neglect</b>			
<b>a.</b>	Skin infections and sores		
<b>b.</b>	Appears dirty and has severe body odour		
<b>c.</b>	Has poor dental hygiene		
<b>d.</b>	Lacks sufficient clothing for the weather		
<b>Signs of Malnutrition</b>			
<b>a.</b>	Respiratory and other infections/ illness		
<b>b.</b>	Skin is thin, dry, inelastic, pale, and cold		
<b>c.</b>	Cheeks appear hollow and the eyes sunken, as fat disappears from the face		
<b>d.</b>	Hair is dry and sparse		
<b>Emotional &amp; Behavioural Signs</b>			
<b>a.</b>	Sudden unexplained change in behaviour: School refusal, people avoidance		
<b>b.</b>	Sudden onset of bed wetting, aches, pains, general ill health		
<b>c.</b>	Symptoms of depression and Post-Traumatic Stress Disorder		
<b>d.</b>	Appear dull, listless and inactive		
<b>Avoidance of any kind of touch or physical contact</b>			
<b>a.</b>	Fearful appearance always seeming to be on high alert.		
<b>b.</b>	Withdrawal from friends and activities.		
<b>c.</b>	Sexualized behaviour (applicable only to sexual abuse).		

## E. Developmental Functions/ Skills Checklist

Developmental Functions and Tasks				Ability to Perform Developmental Functions and Tasks		
				To high Extent	To Some Extent	To Low extent /Not at all
Sl no	<b>1. PHYSICAL DEVELOPMENT</b>					
	<b>1.1. Motor Skills</b>					
a.	<b>0-3 Months.</b>	Opens and closes hands (folding palm)	o/s			
b.		Able to use hand to hold on to an objects	o/s			
c.		Able to bring hands together when lying on his/her back	o/s			
d.		Able to push down on his/her legs when his/her feet are placed on firm surface	o/s			
e.		Stretches legs out when lying on stomach or back	o/s			
f.		Supports upper body with arms when lying on stomach	o/s			
g.		Balances neck for a few minutes while lying or sitting with support	o/s			
h.		Follows moving objects	o/s			
i.		Grasps objects dangling in front of him/her	o/s			
j.	<b>4-7 Months.</b>	Transfers objects from one hand to another, squeezing fingers against palm	o/s			
k.		Grasps feet	o/s			
l.		Routinely rolls over from stomach to back and back to stomach	o/s			
m.		Pulls to sitting position with no head lag (with neck control)	o/s			
n.		Sits without support if made to sit	o/s			
o.		Tracks moving objects with ease (visual tracking)	o/s			
p.	<b>8-12 Months.</b>	Crawls forward on belly	o/s			
q.		Gets to sitting position without assistance	o/s			
r.		Pulls self up to standing position using furniture	o/s			
s.		Stands momentarily without support	o/s			
t.		Uses pincer grasp to pick up small objects (grasp using thumb and index finger)	o/s			
u.		Bangs two small objects together	o/s			
v.		Puts and takes small objects into and out of container	o/s			
w.		Tries to imitate scribbling	o/s			
<b>2. LANGUAGE DEVELOPMENT</b>						
a.	<b>0-3 Months.</b>	Makes sucking sounds	o/s			
b.		Makes cooing noises; vocal play	o/s			
c.		Attends to sound/ Startles to loud noise	o/s			
d.	<b>4-7 Months.</b>	Laughs and squeals out loud	o/s			
e.		Responds to sound by making sounds	o/s			
f.		Responds to songs and rhythms/rhymes by clapping hands;	o/s			
g.		Uses voice to express joy and displeasure (gurgling vs crying)	o/s			
h.		Distinguishes emotions by tone of voice (recognizes happy/excited tones or angry ones)	o/s			

i.	<b>8-12 Months.</b>	Babbles “dadada....” and “mamama....” (9 months)	o/s			
j.		Says “dada” and “mama” for specific person (11 months)	o/s			
k.		Responds to simple verbal requests, such as “Give me” (12 months)	o/s			
l.		Responds to “no” by briefly stopping activity and noticing adult (10m)	o/s			
m.		Makes simple gestures such as shaking head for “no” (12 months)	o/s			
n.		Uses exclamations such as “oh-oh” (12 months)	o/s			
<b>3. COGNIIVE DEVELOPMENT</b>						
a.	<b>0-3 Months.</b>	Watches face intently when spoken to	o/s			
b.		Responds to voice i.e. turn to, wiggle, reacts	o/s			
c.		Recognize or know the bottle or breast	o/s			
d.	<b>4-7 Months.</b>	Looks for a family member when named	o/s			
e.		Looks for fallen toys	o/s			
f.		Plays peek-a-boo	o/s			
g.	<b>8-12 Months.</b>	Enjoys looking at pictures in books	o/s			
h.		Engages in simple games of rhymes, Peek-a-Boo or rolling ball to another	o/s			
i.		Imitates gestures	o/s			
<b>4.SOCIAL DEVELOPMENT</b>						
a.	<b>0-3 Months.</b>	Makes eye contact	o/s			
b.		Smiles at the sound of caregiver’s voice	o/s			
c.	<b>4-7 Months.</b>	Knows faces of family/ caregivers	o/s			
d.		Enjoys playing with others	o/s			
e.	<b>8-12 Months.</b>	Responds to spoken “bye-bye” by waving hands (10 months)	o/s			
f.		Shy/ anxious around strangers	o/s			
g.		Enjoys imitating people in play	o/s			
h.		Repeats sounds or gestures for attention	o/s			
<b>5. EMOTIONAL DEVELOPMENT</b>						
a.	<b>0-3 Months</b>	Enjoys playing with other people and may cry when playing stops	o/s			
b.		Becomes more communicative and expressive with face and body	o/s			
c.	<b>4-7 Months.</b>	Able to calm down when soothed or distracted	o/s			
d.		Responds to other people’s expression of emotion	o/s			
e.		Cries when mother or father leave	o/s			
f.	<b>8-12 Months.</b>	Prefers mother and/or regular caregiver over all others	o/s			
g.		Shows specific preferences for certain people and toys	o/s			

**Note: o/s stands for observation/staff; T/A stands for Task/ Ask**

**2. Any other information reported by the parent/ Anganwadi teacher or your own observations of the child with regard to emotional and behavioural problems**

**F. Service Provider's Interpretations/ Summary (incl. Recommendations & Care Plan)**