

Depression

- **Frequent sadness,
tearfulness, crying.**
- **Hopelessness**

- **Decreased interest in activities; or inability to enjoy previously favorite activities**

- **Persistent boredom;
low energy**
- **Social isolation, poor
communication , refusal
to play**

- **Low self-esteem and guilt**
- **Extreme sensitivity to rejection or failure**

- **Increased irritability,
anger, or hostility**
- **Difficulty with
relationships**

- **Frequent complaints of physical illnesses such as headaches and stomach aches**

- **Frequent absences from school or poor performance in school**
- **Poor concentration**

- **A major change in eating and/or sleeping patterns**
- **Talk of or efforts to run away from home**

- **Thoughts or expressions of suicide or self-destructive behavior**