

**Community Child & Adolescent Mental Health Service Project**

**Dept. of Child & Adolescent Psychiatry, NIMHANS**

**In Collaboration with Dept. of Women & Child Development, Govt. Of Karnataka**

**Developmental Assessment for Children (Aged 3- 6 years)**

**A. Basic Information**

**Name of Child:**

**Date:**

**Sex:**

**Age:**

**Name of the Institution:**

**B. Institutional history (How/why/ at what age the child came to the institution, including family history)**

**C.1. Medical Problems/ Sensory deficits:**

**C.2. Any other information/OBSERVATIONS reported by the caretaker reported by the caretaker( Any emotional/behavioural problems)<sup>1</sup>**

**D. Developmental Functions/ Skills Checklist**

Developmental Functions and Tasks				Ability to Perform Developmental Functions and Tasks			
				To high Extent	To Some Extent	To Low extent/Not at all	
<b>Sl no</b>	<b>1.Physical Development</b>						
	<b>1.1. Motor Skills</b>						
<b>a.</b>	<b>3- 4 yrs</b>	Able to climb stairs one foot at a time.	T/A				
<b>b.</b>		Stand briefly on one foot	T/A				
<b>c.</b>		Can run	T/A				
<b>d.</b>		Can hop using one foot	T/A				
<b>e.</b>		Kick/ throw and catch a ball	T/A				
<b>f.</b>		Can pick up small objects and place them elsewhere ( such as coins, beads)		T/A			
<b>g.</b>							
<b>h.</b>	<b>5-6 yrs</b>	Stands on one foot for longer duration	T/A				
<b>i.</b>		Hops using both the legs	T/A				
<b>j.</b>		Able to colour within the lines.	T/A				
<b>k.</b>		Can copy simple patterns such as circle, square	T/A				
<b>l.</b>	<b>1.2. Self Help skills</b>						
<b>m.</b>	<b>3- 4 yrs</b>	Can eat with a spoon/hand	S				
<b>n.</b>		Can undress themselves (button large buttons on their own)	T/A				
<b>o.</b>		Goes to toilet during day time with some help	S				
<b>p.</b>	<b>5-6 yrs</b>	Can feed self independently	S				
<b>q.</b>		Can dress and undress independently	S				
<b>r.</b>		Can go to toilet independently	S				
	<b>2.Speech and Language Development</b>						
<b>a.</b>	<b>3- 4 yrs</b>	Says his/her names	T/A				
<b>b.</b>		Answers simple questions (what did you eat today? what do you like to play?)	T/A				
<b>c.</b>		Can speak complete sentences(3-4 words)	T/A				
<b>d.</b>		Names 3 common objects if pointed to	T/A				
<b>e.</b>		States what action is being performed when a picture is shown	T/A				
<b>f.</b>	<b>5-6 yrs</b>	Able to describe pictures/events/tell small stories	T/A				
<b>g.</b>		Can recite a simple 2-3 line nursery rhyme	T/A				
	<b>3. CognitiveDevelopment</b>						

<sup>1</sup>In case emotional/behavioural/trauma related issues were reported, further assessment and interventions need to be carried out using play therapy methods.

a.	3-4yrs	Comprehends and executes simple instructions (shut the door, brings object as asked)	T/A			
b.		Identifies sizes/ age (big-small, younger-older)	T/A			
c.		Identifies at least 4-5 body parts (can name/ point)	T/A			
d.		Can name/identify some common fruits/vegetables/animals	T/A			
e.	5-6 yrs	Identifies functions of objects (such as telephone, glass of water, vehicle)	T/A			
f.		Able to sort/ differentiate between colour and shapes	T/A			
<b>4.Social Development</b>						
a.	3- 4 yrs	Recognizes family members/ familiar people like teacher	T/A			
b.		Recognizes spaces (kitchen/bathroom/street) and their function	T/A			
c.		Plays cooperatively with other children	S			
d.		Understands rules of simple games (passing a ball or taking turns)	T/A			
e.	5-6	Is aware of gender	T/A			
f.	yrs	Can enumerate routine/ daily activities	T/A			
<b>5. Emotional Development</b>						
a.	3-4yrs	Can recognize common emotions (when pictures of faces are shown)	T/A			
b.		When upset/ frustrated, can be easily comforted	T/A			
c.	5-6 yrs	Able to describe emotions in simple situations and ascribe causalities to emotions	T/A			
d.		Ability to report emotions (when do you cry/when are you happy?)	T/A			
e.		Helpful and caring of other children (shares toys/ comforts others when hurt or crying)	S			

#### D. Service Provider's Interpretations/ Summary