

Community Child & Adolescent Mental Health Service Project

Dept. of Child & Adolescent Psychiatry, NIMHANS

In Collaboration with Dept. of Women & Child Development, Govt. Of Karnataka

Developmental Assessment for Children (Aged 3- 6 years)

Developmental Functions and Tasks		Ability to Perform Developmental Functions and Tasks		
		To high Extent	To Some Extent	To Low extent/Not at all
Sl no	1.Physical Development			
	1.1. Motor Skills			
a.	3- 4 yrs	Able to climb stairs one foot at a time.		
b.		Stand briefly on one foot		
c.		Can run		
d.		Can hop using one foot		
e.		Kick/ throw and catch a ball		
f.		Can pick up small objects and place them elsewhere (such as coins, beads)		
g.				
h.	5-6 yrs	Stands on one foot for longer duration		
i.		Hops using both the legs		
j.		Able to colour within the lines.		
k.		Can copy simple patterns such as circle, square		
l.	1.2. Self Help skills			
m.	3- 4 yrs	Can eat with a spoon/hand		
n.		Can undress themselves (button large buttons on their own)		
o.		Goes to toilet during day time with some help		
p.	5-6 yrs	Can feed self independently		
q.		Can dress and undress independently		
r.		Can go to toilet independently		
	2.Speech and Language Development			
a.	3- 4 yrs	Says his/her names		
b.		Answers simple questions (what did you eat today? what do you like to play?)		
c.		Can speak complete sentences(3-4 words)		
d.		Names 3 common objects if pointed to		
e.		States what action is being performed when a picture is shown		
f.	5-6 yrs	Able to describe pictures/events/tell small stories		
g.		Can recite a simple 2-3 line nursery rhyme		

3. Cognitive Development

a.	3-4yrs	Comprehends and executes simple instructions (shut the door, brings object as asked)			
b.		Identifies sizes/ age (big-small, younger-older)			
c.		Identifies at least 4-5 body parts (can name/ point)			
d.		Can name/identify some common fruits/vegetables/animals			
e.	5-6 yrs	Identifies functions of objects (such as telephone, glass of water, vehicle)			
f.		Able to sort/ differentiate between colour and shapes			

4. Social Development

a.	3-4 yrs	Recognizes family members/ familiar people like teacher			
b.		Recognizes spaces (kitchen/bathroom/street) and their function			
c.		Plays cooperatively with other children			
d.		Understands rules of simple games (passing a ball or taking turns)			
e.	5-6	Is aware of gender			
f.	yrs	Can enumerate routine/ daily activities			

5. Emotional Development

a.	3-4yrs	Can recognize common emotions (when pictures of faces are shown)			
b.		When upset/ frustrated, can be easily comforted			
c.	5-6 yrs	Able to describe emotions in simple situations and ascribe causalities to emotions			
d.		Ability to report emotions (when do you cry/when are you happy?)			
e.		Helpful and caring of other children (shares toys/ comforts others when hurt or crying)			